



MPD Rules and Regulations for 2025

1. Definitions

- a. "Organiser" refers to the owner of Miss Pole Dance Australia competition and the national finals Organiser – Vanessa Brecht from Bobbi's Pole Studio, Sydney.
- b. "State Competition Organiser" refers to the table on page 5 of this document.
- c. "Performer" is the name recorded on the Application Form.
- d. "Competition" refers to Miss Pole Dance Australia National Finals to be held in Sydney 1st November 2025.
- e. "Heats" refers to the Miss Pole Dance Australia preliminary heats to be coordinated by the State Competition Organiser.
- f. "Document" refers to this entire document.

2. Initial Selection Criteria

- a. The Performer must be female or female identifying, individuals who exist outside the binary are welcome to apply.
- b. The Performer must be at least 18 years of age.
- c. The Performer must be an Australian citizen or Australian permanent resident
- d. The Performer must be an Australian citizen or Australian permanent resident Performers may not have competed in an MX Pole Amateur competition in the same year as applying for their Miss Pole Dance State Heat.

3. The Performer may only submit one application.

4. Participation in the Heats and the Competition requires receipt of the completed online form and close adherence to all the conditions outlined.

- a. The Performer declares that she has no contracts of obligations by other Organisations or persons related to pole dancing.
- b. Acknowledgment on the online form that you have read and understand the rules and regulations of the Competition.
- c. Recent photos of the Performer must accompany the application. All photos are to be in electronic format, the Performer must submit a pole dancing photo in high resolution.
- d. The photos provided must have no copyright attached to them.
- e. Organiser reserves the right to publish said photos for the purposes of promoting the Heats and the Competition.

5. Stipulations on Film & Photography

- a. All photography and other footage remain the property of the Organiser.
- b. The Performer has no rights to compensation for photography and other footage made before, during and after the Heats or the Competition
- c. The Performer explicitly and irrevocably agrees that all footage and photography can be used by the Organiser for promotional, advertising and commercial purposes
- d. No photographs or footage is to be taken (by any person or group) during the Competition or can be used by the Performer without express written permission from the Organiser.

6. The Division

- a. The Performer is skilled in pole dancing.
- b. The Performer may choose the music for their show.
- c. A pole dance show is no longer than 4.5 minutes.
- d. The Performers may join the audience before and after their show but not converse with the judges during any part of the evening.
- e. Any failure to abide by the above-mentioned rules will result in immediate disqualification
- f. The poles used in the Competition will be brass 38mm poles (Pussycat Poles). There will be two poles, one stationary (stage right) and one spinning (stage left).
- g. The Division will be judged on: pole work (15 points), dance (10 points), presentation (5 points) and performance (5 points). In the event of a tie judges will consult and make a final decision.

7. Judging Criteria

- a. Pole Work (out of 15):** Under this category they will now be scoring out of (5) for technique/execution, out of (5) for difficulty of tricks and out of (5) for originality
- b. Dancing (out of 10):** Under this category judges will be looking at floor work, transitions, musicality and use of stage.
- c. Costume/Presentation (out of 5):** Under this category judges will be looking at costume, costume matching theme, overall presentation, theme, use of props and use and removal of costume.
- d. Performance (out of 5):** Under this category judges will look at the performers 'x-factor'. Did the performer have a captivating stage presence? Did they perform a 'show' from start to finish?

8. Presentation / Costume Criteria

- a. **Footwear - competitors must wear heels, or boots.** Must be stilettos and must be worn for the entirety of the performance. Bare feet are not permitted.
- b. **You may use props. They must be signed off by your State Competition Organiser in advance (no plastic confetti or glitter cannons, unless with written permission from your State Manager);** props must be able to be set up and packed down in less than 2 minutes. Any extensive set up and/or drops from the truss of a venue is at the own cost of the competitor.
- c. **No back up dancers or human props are permitted on stage during the competitor's performance**
- d. Use of grip aids (PVC clothing & accessories, gloves etc) are permitted.
- e. Genitalia, nipples, and perianal region must be covered at all times.

- a Nipple pasties are not permitted unless something is worn over the top of them at all times.
- b Minor costume malfunctions will result in a deduction of points at the judges discretion
- c Full costume malfunction will result in immediate disqualification.

9. Heats and the Competition

- a. Heats will be held in six states around Australia: NSW, VIC, ACT, WA, QLD & SA;
- b. TAS welcome to compete in ACT heats and NT is welcome to compete in SA heats;
- c. The winner of each Heat will be entered into the Competition;
- d. Performers may not communicate with members of the judging panel before, during or after the Heats or the Competition;
- e. During the Heats, the performer must abide by the rules and arrive in advance as stated by the State Competition Organizer;
- f. An expert judging panel will score the competitors performances, their decision is final;
- g. The state Organizers will video the night and provide copies of performers to the Competition Organizers to be judged for Wildcard Entries;
- h. The Organizer reserves the right to expel a performer from participation, both before and during the Heats or the Competition;
- i. The Competition performers must be available for a photo shoots and interviews prior to the Competition if requested;
- j. The Organizer expects the prize-winners to cooperate with the promotion of the Competition and activities. This may include pre, during and post Competition media interviews and photographs;
- k. Dressing rooms are for competitors and selected staff only – they are off limits to family members or friends of the Performers.
- l. Performers are not permitted to drink alcohol or take drugs before or during the night of the Heats or the Competition.
- m. The Organizer reserves the right to invite wild card entries to compete in the Competition. Wild Card entrants are required to pay for their transport and accommodation needs;
- n. Video entries are not permitted in lieu of competing in a state heat.
- o. Competitors must not judge in another MPDA related state heat.
- p. Any previous 1st place winner of Miss Pole Dance Australia is eligible to compete without submitting a video entry with an exception to the previous year's winner.
- q. Inter State Rule: Entrants are expected to enter the state heat of the state they reside in. Competitors may enter a state heat outside of where they live if their residence is closer to the city in which another state heat is being held. Competitors are only allowed to enter one state heat per year. Exceptions may be made at the organiser's discretion.
- r. Entrant's details are handed over to the State Heat Manager for video judging. Judging criteria as outlined by Miss Pole Dance Australia.
 - a. The State Heat Manager is now in charge of their state entrants. State Managers are to elect video judges.
 - b. Each video will be judged by a minimum of 2 video judges, where they are given the option to give feedback. If the judges choose to give feedback, it will then be given to each competitor.
 - c. Rankings and scores are not to be given to competitors.
 - d. It is at the discretion of each State Manager how many of these entrants are accepted to the State Heat.

- e. Rankings must be adhered to, with 1st place, 2nd place etc accepted in ascending order up until the quota for the night is full, with attention to venue and time restrictions as well as a suitable level of talent.

10. “Miss Pole Dance Australia” Title

- a. The title “Miss Pole Dance Australia” is an official title valid for one year commencing the date of the Competition;
- b. As “Miss Pole Dance Australia” the winner is an ambassador of pole dancing in Australia;
- c. As “Miss Pole Dance Australia” the Performer is required to take on several promotional activities. This occurs in consultation with the Organizers and may be financially remunerated;
- d. The Organizer reserves the right to retract the title if the Performer causes any damages to the Competition;
- e. In the case of retraction, the runner up becomes the new Miss Pole Dance Australia.

4. The Organiser

- a. The Organiser is not liable for injury or damage resulting from participation in the Heats and/or the Competition, which includes any transportation to and from the Heats and/or the Competition;
- b. The Organizer reserves the right to change the rules contained herein
- c. All decisions not addressed in this document will be made by the Organiser
- d. Any decision by the Organiser is binding.

Judging Criteria	Points
Pole Tricks	15
<i>Technique/execution</i>	5
<i>Originality of tricks</i>	5
<i>Difficulty of tricks</i>	5
Dancing <i>Floor work and basework, transitions, musicality and use of stage</i>	10
Costume/Presentation <i>Costume, costume matching theme, overall presentation, theme, use of prop, use and removal of costume pieces</i>	5
Performance <i>'x-factor'. Did the performer have a captivating stage presence? Did they perform a 'show' from start to finish?</i>	5
TOTAL	35

MX Pole Dance Amateur Rules & Regulations 2025

MX Pole Dance Amateur is a competition for Australian permanent residents or citizens, and is offered by Miss Pole Dance State Heat organisers. MX Pole Dance Amateur may take place either on the same night as the professional heat of your state's Miss Pole Dance Heat, or as a standalone event.

The MX Pole Amateur competition for your state will be run entirely by the organisers listed in this document. Please submit your application form and a \$35 application fee to the organiser for your state directly, or via the Miss Pole Dance Australia website (except for VIC heats).

How to Enter:

- Read the Rules and Regulations.
- Fill in the application form and confirm you have read the Rules and Regulations.
- Video application **MUST** be in high heels or high heeled boots.
- You **MUST** provide portrait style pole move pictures. All photos to be delivered in high resolution.
- **Your state organiser may also nominate to use an online entry form.** Please note if your organiser has elected this option as you must go through their online form instead of using the one listed below. All 2025 VIC applicants must apply directly to misspoledancevictoria@gmail.com.
- Keep an eye out for announcements from your state heat organiser regarding competition dates and application dates.

MX Pole Dance Amateur Rules and Regulations

1. Definitions

- a. "Organiser" refers to the organizer of your Miss Pole Dance Australia Amateur competition (listed in the table above).
- b. "State Competition Organiser" refers to the table at the end of this document titled State Competition Organisers.
- c. "Performer" is the name recorded on the Application Form.
- d. "Competition" refers to the MX Pole Dance Amateur Competition in your state.
- e. "Document" refers to the entire document from this page forward.

2. Initial Selection Criteria

- a. The Performer must be at least 18 years of age
- b. The Performer must be an Australian citizen or Australian permanent resident.

- c. Amateurs must not have placed in a national graded competition, or previously won a Miss Pole Dance Amateur competition or Mr Pole Dance World Amateur competition to qualify as an amateur.
- d. Event organisers reserve the right to determine if the competitor is suitable for an amateur level based on their submission video or previous competition experience as written above.

3. The Performer may only submit one application.

4. Participation in the Competition requires receipt of the completed application within this document, or as the state heat organiser has elected, and close adherence to all the conditions outlined.

- a. The Performer declares that they have no contracts of obligations by other Organisations or persons related to pole dancing.
- b. Recent photos of the Performer must accompany the application. All photos are to be in electronic format and must be pole dancing photographs in high resolution. Maximum 4 photos in total.
- c. The photos provided must have no copyright attached to them and the Organiser reserves the right to publish said photos for the purposes of promoting the Competition.

5. Stipulations on Film & Photography

- a. All photography and other footage remain the property of the Organiser.
- b. The Performer has no rights to compensation for photography and other footage made before, during and after the Competition.
- c. The Performer explicitly and irrevocably agrees that all footage and photography can be used by the Organiser for promotional, advertising and commercial purposes.
- d. No photographs or footage is to be taken (by any person or group) during the Competition or can be used by the Performer without express written permission from the Organiser.

6. The Division

- a. The Performer is skilled in pole dancing.
- b. The Performer may choose the music for their show.
- c. A pole dance show is no longer than 3.5 minutes.
- d. The Performers may join the audience before and after their show but not converse with the judges during any part of the evening.
- e. The poles used in the Competition will be brass 38mm poles (Pussycat Poles). There will be two poles, one stationary (stage right) and one spinning (stage left).
- f. The Division will be judged on
 - i. Pole work (15 points)
 - ii. Dance (10 points)
 - iii. Presentation (5 points)
 - iv. Performance (5 points)
- g. In the event of a tie judges will consult and make a final decision.

7. Judging Criteria

- a. Pole Work (out of 15): Under this category they will now be scoring out of 5 for technique/execution, out of 5 for difficulty of tricks and out of 5 for originality.
- b. Dancing (out of 10): Under this category judges will be looking at floor work, transitions, musicality and use of stage.
- c. Costume/Presentation (out of 5): Under this category judges will be looking at costume, costume matching theme, overall presentation, theme, use of props and use and removal of costume.
- d. Performance (out of 5): Under this category judges will look at the performers 'x-factor'. Did the performer have a captivating stage presence? Did they perform a 'show' from start to finish?

8. Presentation / Costume Criteria

- a. **Footwear - competitors must wear high heels, or high heeled boots.**
Must be stilettos and must be worn throughout the entirety of the competitor's performance. Bare feet are not permitted.
- b. You may use props. They must be signed off by your State Competition Organizer in advance (no plastic confetti or glitter cannons, unless with written permission from your State Manager).
- c. Props must be able to be set up and packed down in less than 2 minutes. Any extensive set up, clean up and/or drops from the truss of a venue is at the own cost of the competitor.
- d. Glitter, flour, and sand is not permitted unless expressly written by your State Heat Organizer.
- e. Confetti must be a minimum of 2 inches x 1 inch in size (no plastic confetti). If the confetti does not meet these guidelines on the day of the competition, the organisers have the right to veto use of the prop.
- i. Genitalia, nipples, and perianal area must be covered at all times (regardless of gender).
 - i. Nipple pasties are not permitted unless something is worn over them at all times
 - ii. Minor costume malfunctions will result in a deduction of points at the judges discretion
 - iii. Full costume malfunction will result in immediate disqualification.
- f. It is permitted to remove articles of clothing / costume.
- g. Use of grip aids (PVC clothing & accessories, gloves etc) are permitted.
- h. Use of human props or back up dancers is at the discretion of the state organiser. Human props must purchase a ticket for the event. Please consult with your state organizer whether human props will be permitted or not, and any other rules they may have around them (contact info below).

9. The Competition

- a. Performers may not communicate with members of the judging panel before, during or after the Competition.
- b. During the Competition, the performer must abide by the rules and arrive in advance as stated by the State Competition Organizer.
- c. An expert judging panel will score the competitors performances, their decision is final.
- d. The Organiser reserves the right to expel a performer from participation, both before and during the Competition.

- e. The Competition performers must be available for photo shoots and interviews prior to the Competition if requested.
- f. The Organiser expects the prize-winners to cooperate with the promotion of the Competition and activities. This may include pre, during and post Competition media interviews and photographs.
- g. Dressing rooms are for competitors and selected staff only – they are off limits to family members or friends of the Performers.
- h. Performers are not permitted to drink alcohol or take drugs before or during the night of the Competition.
- i. Entrants are expected to enter the competition of the state they reside in.
- j. Any failure to abide by the above-mentioned rules will result in immediate disqualification

10. The Organiser

- a. The Organiser is not liable for injury or damage resulting from participation in the Competition, which includes any transportation to and from the Competition.
- b. The Organiser reserves the right to change the rules contained herein.
- c. All decisions not addressed in this document will be made by the Organizer.
- d. Any decision by the Organizer is binding.

Judging Criteria	Points
Pole Tricks	15
<i>Technique/execution</i>	5
<i>Originality of tricks</i>	5
<i>Difficulty of tricks</i>	5
Dancing	10
<i>Floor work and basework, transitions, musicality and use of stage</i>	
Costume/Presentation	5
<i>Costume, costume matching theme, overall presentation, theme, use of prop, use and removal of costume pieces</i>	
Performance	5
<i>'x-factor'. Did the performer have a captivating stage presence? Did they perform a 'show' from start to finish?</i>	
TOTAL	35